

# Advanced Training Institute

## REGISTRATION

### Two Easy Ways To Register

- Option 1:** Register online at: [www.internationallifeservices.org](http://www.internationallifeservices.org)  
Fast - Easy - Safe!
- Option 2:** Register By Mail. Please fill out one registration form per person. Send along with payment to:  
**International Life Services, 2606 1/2 West 8th Street, Los Angeles, CA 90057**  
Make checks payable to: International Life Services

**Have A Question? Call 951-244-8877**

### Registration Rates

**Registration Fee Includes:** In-Depth Training, ATI Student Notebook, Continental Breakfast, Lunch, and Afternoon Break

**SAVE!** Early Bird Rate Until Friday, June 13      Regular Rate Until July 10  
After July 10 On-Site Pay at the Door

ATI Director's Day Only: Thursday, July 17

\_\_\_\_\_ \$99.00 Early Bird Registration

\_\_\_\_\_ \$110.00 Regular Registration

\_\_\_\_\_ \$125.00 On-Site Pay at the Door Registration

ATI Two-Day Program: Fri - Sat, July 18-19

\_\_\_\_\_ \$198.00 Early Bird Registration

\_\_\_\_\_ \$220.00 Regular Registration

\_\_\_\_\_ \$250.00 On-Site Pay at the Door Registration

ATI One-Day Only Attendance:

**Circle Date Attending:**

Friday, July 18 or Saturday, July 19

\_\_\_\_\_ \$99.00 Early Bird Registration

\_\_\_\_\_ \$110.00 Regular Registration

\_\_\_\_\_ \$125.00 On-Site Pay at the Door Registration

Friday Evening Gathering: **Talent Show**

\_\_\_\_\_ \$10.00 For refreshments.

\$ \_\_\_\_\_ **TOTAL AMOUNT DUE**

\_\_\_\_\_ **International Life Services Membership Price: Please take 10% Off Prices**

\$ \_\_\_\_\_ **TOTAL AMOUNT DUE**

Please Print Clearly

Organization Name: \_\_\_\_\_ Role/Title: \_\_\_\_\_

Organization Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ E-Mail: \_\_\_\_\_

### Hotel Information

Doubletree by Hilton Hotel Santa Ana - Orange County Airport  
201 East MacArthur Blvd., Santa Ana, CA 92707

The Advanced Training Institute 2014 is being held at the luxurious Doubletree Hotel. Rooms are available for ATI participants on a first-come, first-serve basis at a special rate of \$99.00 plus tax, per night. To obtain the special room rate you must register before July 3rd, 2014.

For reservations please call the hotel directly at 714-442-1910 and ask for Lauren Pontious, Reservations Coordinator and mention the International Life Services Group Code "ILS". If Lauren is not available you may leave a message and she will call you back, or you may dial "0" for the front desk for assistance. Please call between the hours of 9:00 AM - 5:00 PM, Monday through Friday [PST] to make reservations. **Due to the special room rate extended to us by the DOUBLETREE there is no online registration available.**

**Make your hotel room reservations now, as our block of discounted rate rooms often times sell out!**

### Ground Transportation

Ground transportation from the Airport to Hotel: The DOUBLETREE HOTEL provides a courtesy shuttle service from Orange County's John Wayne Airport to the hotel. To arrange for ground transportation call the Doubletree Hotel directly at 714-825-3333.

### Parking

The DOUBLETREE HOTEL is pleased to provide a special ILS day rate of \$5.00 Self-Parking or \$10.00 Valet, \$10.00 overnight self-parking and \$15.00 overnight valet parking. All parking prices are per vehicle.

### Special Note

The 2014 Advanced Training Institute will be recorded and photographs will be taken for publicity and promotional purposes. Your registration constitutes your consent to being recorded and/or photographed.

### Continuing Education Information

#### Nursing

Provider approved by the California Board of Registered Nursing. Provider Number 14443, for 7 contact hours by California Nurses for Ethical Standards.

#### Social Workers

We are in the process of applying for Continuing Education Credits for Social Workers and other Mental Health Professionals.

Please check our website at: [www.internationallifeservices.org](http://www.internationallifeservices.org) for updated information.

Return Services Requested

International Life Services  
2606 1/2 West 8th Street  
Los Angeles, CA 90057



Join us this year in California as we gather together  
for an amazing time of worship, training, and fellowship.  
We can't wait to see you there!

Sexuality 2014:  
Today's Challenges, Insights and Possibilities

International Life Services

# Pro-Life Advanced Training Institute

## Sexuality 2014: Today's Challenges, Insights and Possibilities

July 17 - 19, 2014

Doubletree Hotel  
201 E. MacArthur Blvd.  
Santa Ana, CA 92707

Come to beautiful sunny California and recharge your  
passion, sharpen and gain new skills and become  
encouraged, motivated and inspired!

Visit our website for more information:  
[www.internationallifeservices.org](http://www.internationallifeservices.org)

Non-profit Org.  
U. S. Postage  
**PAID**  
Los Angeles, CA  
Permit No. 2276



**Sr. Paula Vandegaer, S.S.S., L.C.S.W.**



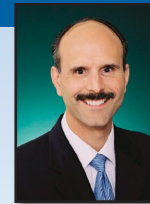
**Gregory W. Lester, Ph.D**



**Christopher West**



**Father Frank Pavone**



**George Delgado, M.D., F.A.A.F.P.**



**Pam Stenzel, M.A.**



**Leslee Unruh, M.A.**



**Michael J. Norton, J.D., M. Div.**



**Jacob Lorion Barr**



**Jennifer Gaeta, S.S.S., L.C.S.W.**



**Helen Rossi, R.N.**



**Beth Schuberg**

## SPEAKER INFORMATION AND 3-DAY AGENDA

### Meet the Faculty

#### **Sister Paula Vandegaer, S.S.S., L.C.S.W.**

Founder of International Life Services, Volunteers for Life, and Scholl Institute of Bioethics, author of Introduction to Pregnancy Counseling Textbook.

#### **Gregory W. Lester, Ph.D**

Consulting Psychologist, Researcher and Author.

#### **Christopher West**

Founder The Cor Project, renowned educator, best-selling author, cultural commentator, and popular theologian, best known for his work on Pope John Paul II's series of audience addresses entitled Theology of the Body.

#### **Father Frank Pavone**

National Director Priests For Life and Missionaries of the Gospel of Life.

#### **George Delgado, M.D., F.A.A.F.P.**

Medical Director of Culture of Life Family Health Care, Voluntary Associate Clinical Professor in the Department of Family and Preventive Medicine at the University of California San Diego, School of Medicine.

#### **Pam Stenzel, M.A.**

Founder, Enlightened Communications Inc, Abstinence Advocate, and Youth Expert.

#### **Leslee Unruh, M.A.**

Co founder of the National Abstinence Clearinghouse, author of "Abstinence 101".

#### **Michael J. Norton, J.D., M. Div.**

Senior Counsel, Alliance Defending Freedom, Colorado Regional Service Center.

#### **Jacob Lorion Barr**

Designer, entrepreneur and marketing professional, Founder/Owner of iRapture.com.

#### **Jennifer Gaeta, S.S.S., L.C.S.W.**

Executive Director, Los Angeles House of Ruth. Experience includes fund raising and proposal writing to maintain small service specific agencies.

#### **Helen Rossi, R.N.**

Twenty-six years postpartum nursing and fourteen years as a counselor in a pregnancy Counseling Center.

#### **Beth Schuberg**

25 years counseling, and Counseling Committee Chairperson for Life Centers of Ventura County.

### Thursday, July 17

#### Agenda - Director's Day

**8:00 Registration and Continental Breakfast**

**9:00 Welcome and Prayer**

**9:15 How to Reach Abortion-Minded Clients through Google - Jacob Lorion Barr**

Background: If an abortion minded women goes to an abortion clinic, 80% will have an abortion. If an abortion minded client goes to a pregnancy center, 80% will choose life. Online marketing work can help reach a large number of abortion-minded women. Solution: I will explain how you can reach abortion-minded clients online by showing up above/before abortion clinic website's on google and yahoo. We will discuss practical steps that you can do to improve your website's position.

**10:30 Break**

**10:45 Legal Updates from the Front Line - Michael J. Norton, J.D., M.Div.**

Come for a dynamic discussion on legal topics of interest to pregnancy resource centers. Mr. Norton will discuss a variety of legal subjects including various lawsuits brought against Planned Parenthood Federation of America affiliates around the country (seeking accountability for fraud, waste and abuse of taxpayer dollars). Mr. Norton will address efforts to get Planned Parenthood out of public schools and get YOU in! He will also present what is being done to hold abortionists accountable for botched abortions and how you can help. Also featured will be lawsuits resisting unfair regulations of pregnancy resource centers and their speech, general legal issues for pregnancy resource centers, (legal resources available for assistance), and more. Mr. Norton will also allow time for questions.

**12:00 Lunch**

**1:15 "The Talk" Redefined: A New Approach to Sex Education**

Learn how to implement a sexual and relational health education program that empowers teens and young adults to embrace their value and make healthy choices for their futures. This interactive seminar will illustrate the importance of story telling, comprehensive education, and other tools necessary to encourage critical thinking and positive behavioral patterns in today's youth and families.

**2:30 Refreshment Break**

**2:45 Harnessing the Power of Communication in Urban Communities**

Explore branding and messaging techniques that mobilize diverse, urban communities and attract the at-risk client population. This "out of the box" seminar will challenge leaders to create communication strategies that span multiple platforms—web, social media, community outreach, donor relations and client services.

**4:00 Essentials of Fund Raising: NEW! Innovative Strategies and Approaches - Sister Jennifer Gaeta, SSS, LCSW.**

New fund development person? Old Pro? It doesn't matter. This session will include "what's new" in foundation researching, proposal writing, online fund raising, and more. This session is sure to give you the tools, excitement, and know-how to make 2014 the best fund raising year your non-profit has ever had.

### Friday, July 18

**8:00 Registration and Continental Breakfast**

**9:00 Welcome and Prayer**

**9:15 Theology of the Body: Foundation of the Culture of Life Part I - Christopher West**

There will be no culture of life without a renewal of marriage and family life. There will be no renewal of marriage and family life without a return to the full truth of the Christian sexual ethic. There will be no return to the full truth of the Christian sexual ethic unless we can demonstrate that the Church's teaching on sexuality is not the repressive, prudish list of prohibitions it is so often taken to be, but, rather, it is a call to live the love we yearn for at the deepest level of our being. This is the gift of John Paul II's Theology of the Body!

**10:30 Break**

**10:45 Theology of the Body: Foundation of the Culture of Life Part II Our Bodies Proclaim The Gospel! - Christopher West**

**12:00 Lunch**

**1:15 Basic Standards of Counseling - Sister Paula Vandegaer, SSS, LCSW.**

What are the industry standards of the Pro-life Pregnancy Counseling Movement? Confidentiality—What are the Federal HIPPA Standards and how do they affect us? What does de-identification mean and how does it apply to our everyday service? Where might we be in error and how do we protect ourselves. What do Client Self Determination, and Non-Judgmental Attitude mean to us in Pro-life and how do we preserve them? This workshop will reflect on the sacred trust that we are given and the answers to these questions.

**2:30 Refreshment Break**

**2:45 Teaching True Intimacy to the Sexually Active Client - Leslee Unruh, M.A.**

Our sexuality, the nature of being male and female, is expressed through emotional, social, intellectual and spiritual aspects. This session will cover the art of reclaiming the virtue of sexual integrity, regardless of past choices and experiences. You will learn how to help your clients reclaim their sexual integrity through role playing that you can pass on to those who help your clients at your centers. This presentation will give you extensive handouts, so you can hit the ground running, as well as give you all the new resources available. You will also get information so you can be the beacon of light, and the go-to organization in your community on matters of sexual intimacy.

**4:00 Pornography and Young Adults - Gregory Lester, Ph.D.**

New information about the developmental processes involved in the brains of young adults has helped to highlight the dangers inherent in certain activities, including exposure to pornography. With pornography easily available on the Internet, concerns about its effect on developing brains have increased substantially. This session will discuss this information, highlighting the new data on the topic, and present ways of discussing the issues with the young adults who are at risk.

**7:00 Ye Old fashioned GOT TALENT VARIETY SHOW!**

Evening of fellowship, fun, refreshments and YOUR talent. NO JUDGES, NO STRESS, just time to gather for refreshments and participate together to share your talent and uplift one another. Come and be surprised. Bring your singing, dancing, jokes, stories, poems, games etc. Remember we are not far from Hollywood. Who knows, you may be discovered.

### Saturday, July 19

**8:00 Mass**

**8:00 Registration and Continental Breakfast**

**9:00 Welcome and Prayer**

**9:15 A Time of Challenge and Hope, Where Do We Go From Here - Fr. Frank Pavone**

**10:30 Break**

**10:45 Abortion Pill Reversal - George Delgado, M.D., F.A.A.F.P.**

This session will share the latest developments surrounding the Abortion Pill Reversal Program. The mechanism of action of mifepristone (RU-486) will be explained and attendees will learn how to share this potentially life-saving information with a woman who has already taken mifepristone. The attendee will also learn how a pregnancy resource center can be a hub in our abortion pill reversal (APR) network.

**12:00 Lunch**

**1:15 The Good, The Bad and The Ugly: Understanding the Sexual Trends of the New Millennials and How to Reach Them - Pam Stenzel, M.A.**

Raised by baby-boomers, the Millennials are breaking new ground in their understanding of sexuality, it's boundaries, or lack thereof, and have developed a whole new language around sexuality and sexual choices. Understanding the trends, thinking, influences and language that surrounds this generation is imperative if we are going to speak truth into the cacophony of noise daily invading their minds. Find out what's good, bad and downright ugly in the trends facing this new generation.

**2:30 Refreshment Break**

**2:45 Counseling the Woman with Multiple Sexual Partners - Gregory Lester, Ph.D.**

Counselors and health care professionals often avoid the topic of multiple sexual partners because it is a sensitive, difficult, and emotionally laden topic. Nevertheless, discussing the dangers, issues, and long-term effects of multiple sexual partners is essential for those concerned with the health and well being of our women clients. This session will discuss effective and sensitive ways to discuss this topic in a way designed to enlighten clientele to the problems and concerns inherent in such non-monogamous sexual contacts.

**4:00 Post-Training Session: Ask the Experts!**

Panel Participants - Sr. Paula Vandegaer, L.C.S.W., Helen Rossi, R.N., Beth Shuberg. This interactive session features a panel of specialists from diverse backgrounds who are working in the field of pregnancy service center work, social work, medicine, and education that will provide tips and answers to your specific questions on the "how to" of working with the hardcore sexually active center client. Bring your difficult questions with you and receive practical help.