

International Life Services  
**Advanced Training Institute 2018**

**LOCATION**

Mater Dolorosa Center  
700 N. Sunnyside Avenue  
Sierra Madre, California 91024

**REGISTRATION**

*Two Easy Ways To Register*

**Option 1:** Register online at: [www.internationallifeservices.org](http://www.internationallifeservices.org)  
Credit Card Registration: Fast - Secure - Accurate!

**Option 2:** Register by Mail: Complete form and send along with payment to:  
**International Life Services, 2602 1/2 West 8th St., Los Angeles, CA 90057**

**Have A Question? Need more Registration Forms? Call 951-244-8877**

**REGISTRATION FORM**

(Please print – one form per person)

Name: \_\_\_\_\_ Title: \_\_\_\_\_

Organization: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

**Registration Options and Fees**

**Option 1: THE BUNDLE Overnight Accommodations & Registration Fees**

\_\_\_\_\_ **\$220.00** per day/evening, per person  
Includes: ATI registration, a single occupancy room with bath, breakfast, lunch, afternoon snack, dinner, registrant notebook, and gift bag.

\_\_\_\_\_ **\$110.00** July 16th early arrival. Registrants may arrive on July 16th after 3:00 p.m.  
Includes: A single occupancy room with bath and a light dinner.

Check date(s) attending:  July 16th  July 17th  July 18th  July 19th

\_\_\_\_\_ **\$ Total Due** *Note lodging payment is not refundable.*

**Option 2: Daily Commuter Registration Only Fees**

\_\_\_\_\_ **\$99.00 Registration** per day, per person  
Includes: ATI registration, continental breakfast, lunch, afternoon snack, registrant notebook, and gift bag.

Check date(s) attending:  July 17th  July 18th  July 19th

\_\_\_\_\_ **\$22.00 OPTIONAL DINNER** per day, per person

Check date(s) you would like to order dinner:  July 17th  July 18th  July 19th

\_\_\_\_\_ **\$ Total Due**

**REGISTRATION CONFIRMATION** *Your canceled check or PayPal notification is your confirmation.*

**10% DISCOUNT for International Life Services Centers**

**LATE REGISTRATION**

Those who register on the day of the ATI will be charged an additional fee of \$10.00 per day.

**DIETARY RESTRICTIONS**

Please indicate here if you have any dietary restrictions: \_\_\_\_\_

**SHUTTLE SERVICE FROM AIRPORT TO THE MATER DOLOROSA CENTER**

Visit <http://shuttletolax.com/> for information on airport shuttle service to the Mater Dolorosa Center.

**CONTINUING EDUCATION INFORMATION**

Visit our website at [www.internationallifeservices.org](http://www.internationallifeservices.org) for the latest information on Continuing Education Information.

**SPECIAL NOTE**

The 2018 Advanced Training Institute will be recorded and photographs will be taken for publicity and promotional purposes. Your registration constitutes your consent to being recorded and/or photographed.

Non-profit Org.  
U. S. Postage  
**PAID**  
Anaheim, CA  
Permit No. 448

**International Life Services**

**2606 1/2 West 8th Street  
Los Angeles, CA 90057**

**Return Services Requested**

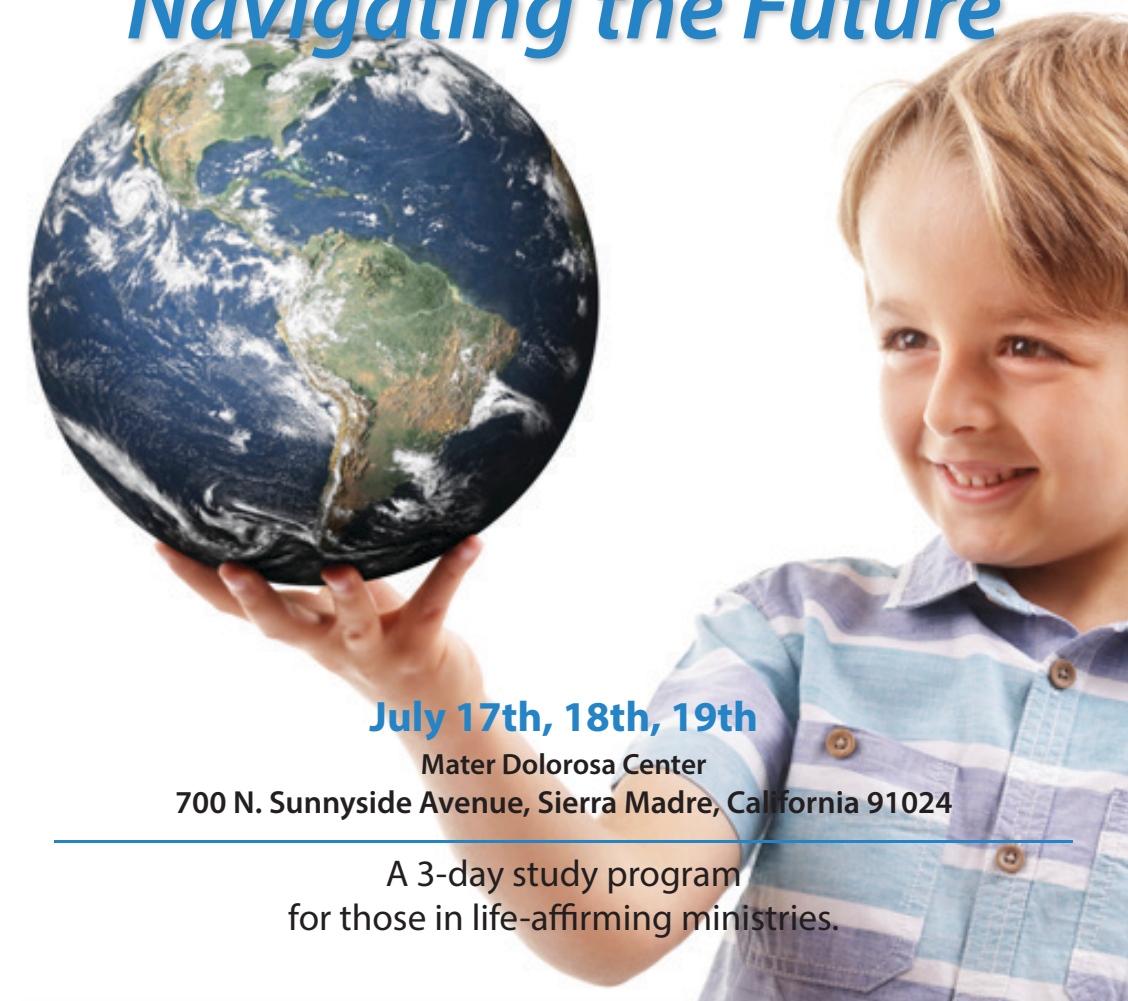


**New Horizons for A New Day:  
Navigating the Future**

**HEAR** - from nationally renowned speakers.  
**RECEIVE** - in-depth, beyond the basics training.  
**NETWORK** - with others who have your same passion.

International Life Services  
**Advanced Training Institute  
2018**

**New Horizons  
For A New Day:  
Navigating the Future**



**July 17th, 18th, 19th**

Mater Dolorosa Center  
700 N. Sunnyside Avenue, Sierra Madre, California 91024

A 3-day study program  
for those in life-affirming ministries.

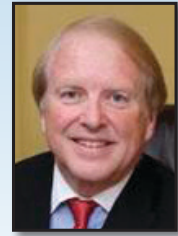
*A time to sharpen and gain new skills and become  
encouraged, motivated and inspired.*

Sponsored by Patriot Insurance Company

Visit our website for updated information and to register online:  
[www.internationallifeservices.org](http://www.internationallifeservices.org)



Sister Paula Vandegaer  
S.S.S., L.C.S.W.



Thomas A. Glessner, J.D.



Gregory W. Lester, Ph.D.

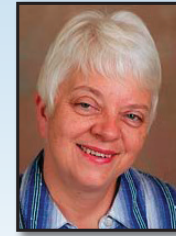


Sister Jennifer Gaeta  
S.S.S., M.S.W.



Susan De Pietro  
J.D., M.N., R.N.

# New Horizons for A New Day: Navigating the Future



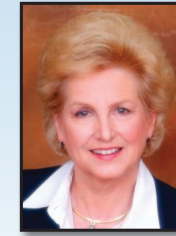
Vicki Thorn, B.A.



Phil Sandoval, M.A.,  
L.M.F.T., L.P.H.A.



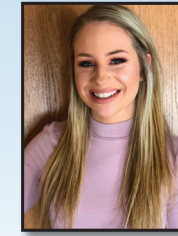
Jacob Lorion Barr



Opal Singleton



Lori A. DeVillez, B.A.



Hannah DeVillez

## Sr. Paula Vandegaer, S.S.S., L.C.S.W.

Founder of International Life Services, Volunteers for Life, and Scholl Institute of Bioethics, Author of Introduction to Pregnancy Counseling Textbook.

## Thomas A. Glessner, J.D.

Founder and President of the National Institute of Family and Life Advocates (NIFLA)

## Gregory W. Lester, Ph.D.

Consulting Psychologist, Researcher and Author.

## Sister Jennifer Gaeta, S.S.S., M.S.W.

Executive Director of Los Angeles House of Ruth, Member of the Sisters of Social Service.

## Susan De Pietro, J.D., M.N., R.N.

Attorney, Registered Nurse, Educator, currently Director of Risk Management for a non-profit acute care hospital in Southern California.

## Vicki Thorn, B.A.

Founder of Project Rachel and Executive Director of the National Office of Post-Abortion Reconciliation and Healing.

## Phil Sandoval, M.A., L.M.F.T., L.P.H.A.

Licensed Marriage and Family Therapist, Clinical Director Aurora Counseling Center and Radio Show Host.

## Jacob Lorion Barr

Designer, entrepreneur and marketing professional, Founder iRapture.com.

## Opal Singleton

President and CEO of Million Kids, Training and Outreach Coordinator for Riverside County Anti-Human Trafficking Task Force, Instructor USC School of Social Work LAPD LEAD, Author and Radio Host KTIE-AM 590 and The Answer and Voice of America.

## Lori A. DeVillez, B.A.

Author, Speaker, Trainer, Consultant, Founder & Executive Director Austin Pregnancy Resource Center.

## Hannah DeVillez

Attending University of Pittsburgh in the Fall pursuing a Master's in Business Global Management.

## SPEAKER INFORMATION AND 3-DAY AGENDA

### Agenda — Tuesday, July 17th, 2018

#### Directors' Day

- 8:00 **Registration and Continental Breakfast**
- 8:30 **Mass**
- 9:30 **Welcome and Opening Prayer**
- 9:45 **Protecting Your Center: Navigating the Landmines** - Thomas Glessner, J.D.  
This session will better equip you to handle your organization's critical issues and leadership challenges. It will cover the legal issues impacting insurance claims, religious freedom threats, current court cases and other legal issues affecting center work.
- 10:45 **Break**
- 11:00 **Leading the Way: Strategic Board Planning From Vision to Action**  
- Susan De Pietro, J.D., M.N., R.N.  
Explore the fundamentals of the strategic planning process to lead your Board through this dynamic and thought provoking experience with exercises that yield concrete direction and actions. You will learn to examine your agencies strengths and weaknesses and determine the appropriate planning to overcome barriers and yield positive results.
- 12:00 **Lunch**
- 1:30 **Grant Writing 101** - Sr. Jennifer Gaeta, S.S.S., M.S.W.  
This informative session will cover: locating potential foundations and corporations for funding, an overview of the basic letter of introduction, primary steps in writing a successful grant proposal and elements of a grant budget. This session is aimed at providing a comfort level for the new grant writer and/or fund developer.
- 2:30 **Break**
- 2:45 **Community Outreach**  
Women and families facing unintended pregnancies often have other pressing needs including housing, legal, prenatal care, job assistance, trauma counseling and more. This workshop explores an "out of the box" approach to strategically grow your partnerships so you can further meet the needs of clients served, while also becoming a more integral resource in the local community.
- 3:45 **Refreshment Break**
- 4:00 **Interactive Website Audit** - Jacob Lorion Barr  
Looking at a website under a microscope doesn't change what is there but it does expose opportunities for improvement. In this session, we will examine attendee websites to provide relevant and timely feedback. To get the most out of this session, please submit all of your organization's websites to Jacob@irapture.com. We will help you learn how to improve your website's position on google with SEO feedback. We will talk about your website's design and messaging in regards to how the user will interact with your site. And we will provide clear direction on how to increase your website's traffic. Asking questions through a website audit is exciting work because the result is that your online marketing is stronger! If you apply the training/feedback, you will be able to reach more people and save more lives.
- 5:00 **Closing Remarks**
- 5:30 **Dinner**

### Agenda — Wednesday, July 18th, 2018

- 8:00 **Registration and Continental Breakfast**
- 8:30 **Mass**
- 9:30 **Welcome and Opening Prayer**
- 9:45 **The Careful Art of Asking Questions** - Sister Paula Vandegaer, S.S.S., L.C.S.W.  
When making an important decision like pregnancy, education about fetal development may not be enough. Where do values and beliefs come from? How can we help our clients get in touch with those sources and evaluate their beliefs? When you see your clients, are you an interviewer or a counselor? The difference lies in the careful and thoughtful questions you ask. How do you help people evaluate their thinking and their values?
- 10:45 **Break**
- 11:00 **Dads Are They Important?** - Lori A. DeVillez, B.A.  
This session will discuss how counselors may best welcome dads into their center. Participants will learn the most common feelings associated with crisis pregnancy situations from the male perspective and understand how to help them deal with their fears. To cover the very important role of the dads in the lives of their children and what incentives are helpful to get them involved.
- 12:00 **Lunch**
- 1:30 **What They Didn't Tell You in Sex Ed: The Biology of Attachment** - Vicki Thorn, B.A.  
This presentation addresses the complexity of our bodies when we engage in sexual intimacy. Learn about how mother's carry cells from every child they ever conceive and, how fathers are changed by pregnancy beginning at 4 weeks. Learn about the impact of hormonal contraceptives on partner choice, women's moods, libido and more. This is valuable information to share with those we help.
- 2:30 **Break**
- 2:45 **Long-Term Effects of Childhood Adversity: Breaking the Cycle** - Gregory W. Lester, Ph.D.  
A hundred years of psychological research has taught us that many difficulties in adulthood, including unplanned or unwanted pregnancies, are actually part of a repetitive pattern of trauma that began in childhood. As a result, many problems that our clients view as "chance" or as "accidents" are actually the result of aversive patterns that began in childhood. This session will discuss how to identify these patterns, how the patterns work, and will present interventions that have been found to be helpful in changing and breaking these patterns.
- 3:45 **Refreshment Break**
- 4:00 **SOS! Hidden Traps Endangering Today's Youth** - Opal Singleton  
Young people today use devices that can influence their morals, spirituality, gender identity, self-image and decisions. Opal will share her compelling experiences to empower counselors and educators on how to keep our young people safe and aware of the dangerous traps.
- 5:00 **Closing Remarks**
- 5:30 **Dinner NIFLA v. Becerra and Beyond: Our Future After the Supreme Court Decision**  
The infamous case of the State of California against Pro-life Pregnancy Centers has now been heard by the United States Supreme Court. Come to dinner for a gathering and discussion of the case with Tom Glessner, President of NIFLA and with other participants. What does the future hold for us now?

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### Agenda — Thursday, July 19th, 2018

- 8:00 **Registration and Continental Breakfast**
- 8:30 **Mass**
- 9:30 **Welcome and Opening Prayer**
- 9:45 **Solution-Focused, Short-Term Counseling: An Effective Approach for Getting People Back on Track** - Gregory W. Lester, Ph.D.  
It is rare that we get to work with clients for as long or as extensively as we would like. As a result, as counselors we often need to use methods that work quickly and powerfully. This session will present counseling techniques that have been developed to work quickly and effectively in helping our clients to overcome difficulties, change bad patterns, and engage in behavior that is appropriate and productive.
- 10:45 **Break**
- 11:00 **Help: There's a Hole in My Soul: Understanding the Wounds of Those Born Since 1960** - Vicki Thorn, B.A.  
This presentation examines the hidden wounds resulting from many sociological changes that happened since the 1960's. Understanding the hidden wounds of those we reach out to makes us more effective.
- 12:00 **Lunch**
- 1:30 **Human Sexuality—God's Plan and Our Response** - Sister Paula Vandegaer, S.S.S., L.C.S.W.  
It is 50 years since Pope Paul VI wrote Humanae Vitae banning artificial contraception. What was God's original plan and how have we developed an alternate view of human sexuality in the subsequent years. Counseling tips will be given on how to help our clients view sex outside of marriage differently.
- 2:30 **Break**
- 2:45 **Millennial Generation: They're Tech-Savvy and Why It Matters** - Lori A. DeVillez, B.A. and Hannah DeVillez  
We see many Millennials in our centers – they have been, and continue to be, heavily influenced by digital technology. Researchers have found that it has changed their brain structure and beliefs. Discover how tech use is also changing their behaviors, character, and the way they learn. Grab your tool kit, lets discuss how we can reach them and help them in our center work.
- 3:45 **Break**
- 4:00 **From Stress to Strength** - Phil Sandoval, M.A., L.M.F.T., L.P.H.A.  
We will discuss how to identify symptoms of stress and "compassion fatigue" that is unique to pregnancy service center staff. You'll discover tools and real-life strategies to overcome stress and decrease burnout and learn new guidelines for self-care.
- 5:00 **Closing Remarks**
- 5:30 **Dinner**