## Advanced Training Institute REGISTRATION

#### Two Easy Ways To Register

**Option 1:** Register online at: www.internationallifeservices.org Fast - Easy - Safe!

**Option 2:** Register By Mail. Please fill out one registration form per person. Send along with payment to:

International Life Services, 2606 1/2 West 8th Street, Los Angeles, CA 90057 Make checks payable to: International Life Services

Have A Question? Call 951-244-8877

#### **Registration Rates**

Registration Fee Includes: In-Depth Single Day Training, Continental Breakfast, Lunch, Afternoon Break and ATI Student Notebook

\_\_\_\_\_ \$110.00 NON-ILS MEMBERS: Daily Registration Fee/Per Person/Per Day

🗖 Thursday (Director's Day) 🛛 Friday 🔲 Saturday

\$99.00 ILS MEMBERS: Daily Registration Fee/Per Person/Per Day

Thursday (Director's Day) 🗌 Friday 🗋 Saturday

\$30.00 Friday Evening Whale Watching Excursion (Includes Boxed Dinner)

\$ TOTAL AMOUNT DUE

Late Registration: Those who register at the door will pay the \$110.00 rate.

Please Print Clearly			
Name:		Role/Title:	
Organization			
Address:			
City:		State:	Zip:
Phone:	Cell:	E-Mail:	

#### **Hotel Information**

Doubletree by Hilton Hotel Santa Ana - Orange County Airport 201 East MacArthur Blvd., Santa Ana, CA 92707

The Advanced Training Institute 2016 is being held at the luxurious DoubleTree Hotel. Rooms are available for ATI participants on a first-come, first-serve basis at a special rate of \$109.00 plus tax, per night. To obtain the special room rate you must register before June 15th, 2016.

For reservations please call the hotel directly at 1-800-222-8733 or online at <u>http://doubletree.hilton.</u> <u>com/en/dt/groups/personalized/S/STAOCDT-ILS-20160706/index.jhtml</u>

Make your hotel room reservations now, as our block of discounted rate rooms often times sell out! Ground Transportation

Ground Transportation from the Airport to the Hotel: The DoubleTree Hilton Hotel provides a courtesy shuttle service from Orange County's John Wayne Airport to the hotel. To arrange for ground transportation call the DoubleTree Hilton Hotel directly at 1-714-825-3333.

#### Parking

The DoubleTree Hilton Hotel is pleased to provide a special ILS rate of \$10.00 per day per vehicle for self-parking and day valet parking per vehicle is \$12.00. Discounted overnight parking is \$10.00 per vehicle per night based on availability and when the hotel is at full capacity overnight valet parking is \$20.00 per vehicle per night.

#### Special Note

The 2016 Advanced Training Institute will be recorded and photographs will be taken for publicity and promotional purposes. Your registration constitutes your consent to being recorded and/or photographed.

Please visit our website for the most up to date information <u>www.internationallifeservices.org</u>





Services

International Life

## International Life Services Advanced Training Institute

# Upholding Forgiveness and Mercy

How to be a Merciful PRO-LIFE Warrior

July 7th, 8th and 9th, 2016

Doubletree Hotel 201 E. MacArthur Blvd. Santa Ana, CA 92707

Come to beautiful sunny California and recharge your passion, sharpen and gain new skills and become encouraged, motivated and inspired!

Visit our website for more information: www.internationallifeservices.org



Sister Paula Vandegaer

L.C.S.W.









Ph.D.



Lori DeVillez, B.A.



Paddy Jim Baggot, M.D.,

**OB/GYN, DABMG** 







**Vicky Thorn** 

#### **SPEAKER INFORMATION AND 3-DAY AGENDA**

#### Meet the Faculty

Sister Paula Vandegaer, L.C.S.W., Founder of International Life Services, Volunteers for Life, and Scholl Institute of Bioethics, Author of "Introduction to Pregnancy Counseling" textbook.

Phil Sandoval, MA, L.M.F.T., Licensed Marriage and Family Therapist and the Founder of Aurora Counseling Center in Sacramento, CA.

Gregory W. Lester, Ph.D., Consulting Psychologist, Researcher, and Author.

MA, L.M.F.T.

Lori DeVillez, B.A., Director of Austin, Texas, Pregnancy Resource Center, Community Leader, and instrumental in formation of many other pregnancy centers.

Paddy Jim Baggot, M.D., OB/GYN, DABMG, Physician for Guadalupe Medical Center and Researcher on Down Syndrome.

Jacob Lorion Barr, Designer, Entrepreneur, and Marketing Professional. Founder/ Owner of iRapture.com.

Susan Patterson, Speaker, Activist in fighting Human Trafficking, and Author of "How You Can Fight Human Trafficking, Over 50 Ways to Join the Fight".

Vicky Thorn, Speaker, Author, Foundress of Project Rachel, and the executive director of the National Office of Post-Abortion Reconciliation.

Anne O' Connor, Vice President of Legal Affairs at NIFLA, Author, and Speaker.

Luis Galdamez, is a speaker to parents and youth across the country and is the Executive Director of La Familia Hispania and the Chairman of the Board of the National Abstinence Clearinghouse.

Steve Gunther, MSW, Maryvale President & Executive Director.

#### Thursday, July 7th (Agenda – Directors' Day)

#### 8:00 Registration and Continental Breakfast

8:00 Mass

#### 9:30 Welcome and Prayer

9:45 Does Managing Your Center Feel Like a Juggling Act? – Lori Devillez, B.A. These are the days that we are to be alert more than ever before. In this workshop we will discuss

all the areas of managing your pregnancy resource center and/or nonprofit so as to be on the offense and not the defense.

#### 10:45 Break

#### 11:00 Cooperation or Confusion? Building Strong Relationships Between Board and Staff – Steve Gunther

The relationship between an organization's board and staff is critical to fulfilling its mission. In this session we will explore some of the critical issues and challenges to ensuring strong cooperation and avoiding confusion. Ample time will be allowed for questions and discussion.

#### 12:00 Lunch

#### 1:30 Protecting your Ministry in the Cultural Battle – Anne O' Connor, Esq.

Pregnancy centers are under attack - from legislation like AB775 to other cultural attacks. This workshop will discuss the status of the litigation challenging AB775 as well as what steps centers can take to best protect themselves.

#### 2:30 Refreshment Break

#### 2:45 White Hat and Black Hat Online Marketing Tactics – Jacob Barr

Providing insight on the costs associated with honest, dishonest and ambiguous approaches to online reviews, website content and online marketing.

#### 3:45 Break

### 4:00 Engaging the Media: Worth the Risk?

This interactive session will help you a) explore the basic Do's & Dont's of dealing with the media, b) prepare you for challenging media interviews, and c) creatively approach tough topics through speeches and social media.



Upholding Jorgiveness and Mercy Hours

# **PRO-LIFE** Warrior

#### Friday, July 8th

#### 8:00 Registration and Continental Breakfast

8:00 Mass

#### 9:30 Welcome and Prayer

#### 9:45 Tubal Ligation Reversal – Paddy Jim Baggot, M.D., OB/GYN, DABMG

Personal stories of women who were brave enough to reverse their sterilization and how and why they did it.

#### 10:45 Break

#### 11:00 Forgiveness For Your Own Sake - Phil Sandoval, MA, L.M.F.T.

Forgiveness has both spiritual and clinical perspectives and is a critical component of healing. Learn to forgive others and as importantly, forgive ourselves.

#### 12:00 Lunch

#### 1:30 Pray, Speak Up, And Act To Fight Human Trafficking – Susan Patterson

Human Trafficking is the fastest growing illegal enterprise in the U.S. victimizing over 100,000 every year. Find out what faith communities, counselors, teachers, doctors, nurses, and all other individuals like you can do that will make a big difference in the fight against Human Trafficking. Learn what Trafficking "looks like" in the communities you live and work in, and what you can do to fight it.

#### 2:30 Refreshment Break

#### 2:45 How To Reduce and Avoid Counselor Stress And Burnout – Gregory Lester, Ph.D.

Research has shown that as counselors and agency staff we are exposed to some of the most severe of all emotional stress. Statistics have shown that, due to the stress, over time our effectiveness can actually decrease rather than increase. Research has uncovered the factors that contribute to this stress, and methods for reducing stress and avoiding burnout. This session will present the research findings on the nature of our stress and the techniques that can help to diminish its effects. Topics that will be discussed include the areas of the brain that are affected by our stress, why typical stress management programs do not help the stresses to which we are exposed, and simple, practical things that can be done to avoid losing our effectiveness and experiencing distress from the work that we do.

#### 3:45 Break

#### 4:00 What They Didn't Tell You In Sex Ed: The Biology Of Attachment – Vicky Thorn Understanding the complexity of sexual intimacy and how all sexual encounters change both men and women.

#### **Closing Remarks** 5:00

3:45

**Optional Whale Watching Excursion Departing at 5 p.m.** 



Anne O' Connor, Esq.



Luis Galdamez



**Steve Gunther, MSW** 



Whale watching excursion with Davey's Locker in Newport Beach, CA.

Serving visitors and residents from the greater Los Angeles area, Davey's Locker has been providing whale watching cruises for over 30 years. Newport Beach has become recognized as one of the top whale watching destinations in the world with a thriving year round whale population. Boxed Dinner Provided.

### Saturday, July 9th

- 8:00 Registration and Continental Breakfast
- 8:00 Mass
- 9:30 Welcome and Prayer

#### 9:45 The Gate Keeper Of Behavior – Gregory W. Lester, Ph.D.

As counselors, we are trying to influence our clients' behavior. Unfortunately, influencing others' behavior is one of the most difficult and daunting tasks known. Being effective with our clientele means that we have to understand how the brain organizes behavior, and how to communicate with it so that our message has an impact. This session will discuss the findings of recent research on how the brain runs behavior, and conversational techniques that have been found to successfully influence the brain and behavior. Specific methods will be presented that are designed to produce different effects in the client's brain and behavior, and that can lead to better behavior and more productive solutions.

#### 10:45 Break

#### 11:00 Destructive & Addictive Relationships – Phil Sandoval, MA, L.M.F.T.

In this session we will investigate several clinical causes of destructive relationships as well as treatments that may help clients gain, perhaps for the first time in their lives, control over their relationships and behaviors. You will learn how to spot symptoms of behavior that are often present in dysfunctional relationships, and find ways to address those symptoms.

#### 12:00 Lunch

#### 1:30 Understanding The Post Abortive Client – Vicky Thorn

Working with and counseling women who have already had an abortion and how to get your point of view across. Understanding your client's brain development and her moral decisionmaking.

#### 2:30 Refreshment Break

#### 2:45 Reaching Youth with a Message of Abstinence – Luis Galdamez

Based on his own experience Luis will share ways to connect with the youth of today on chastity and abstinence.

Break

## 4:00 I Wonder... – Sister Paula Vandegaer, L.C.S.W.

What have we done to our reproductive health and to the health of future generations? Natural Family Planning (NFP) - God's plan. Its effects on women's health, the family, and future generations. How contraception and NFP shape future generational attitudes towards human life.

#### 5:00 Closing Remarks